



National Walk to a Park Day 2026 Toolkit Toolkit

National Walk to a Park Day is October 10th.

Join Trust for Public Land in celebrating the parks we have and championing the parks every community deserves.

On October 10, cities across the country will mark National Walk to a Park Day, a time to celebrate the parks and green spaces that bring people together and renew our commitment to ensuring everyone can benefit from them.

As a city leader, you know how important shared green spaces are as places for neighbors to connect, children to play, and communities to thrive. But access to these spaces is not guaranteed. The choices we make today will shape whether parks and public lands remain protected, accessible, and welcoming for generations to come.

On National Walk to a Park Day, celebrate what your city has accomplished, share why parks matter to your community, and demonstrate your commitment to protecting and expanding access to these essential public spaces.

Here, you'll find resources to:

- **Proclaim October 10 as Walk to a Park Day** in your community, demonstrating your city's commitment to protecting parks and public lands and expanding access to green space.
- **Make the case for parks** as essential community infrastructure that supports health, climate resilience, and strong, connected communities. Use the talking points and research in this toolkit to help tell that story.
- **Reaffirm your 10-Minute Walk Commitment** and your city's vision of ensuring every resident can live within a 10-minute walk of a park.

Let's make National Walk to a Park Day a moment to celebrate the role parks play in building strong communities and vibrant cities, while inspiring continued action to protect and expand access. Together, we can work toward a future where every neighborhood has a nearby park, and every resident can share in the benefits.

How to Get Involved

Issue a Proclamation on National Walk to a Park Day

National Walk to a Park Day is an opportunity to showcase your commitment to parks. Make it official by issuing a Walk to a Park Day proclamation! You can **adapt the template** [here](#) to meet your city's vision and needs.

Make the Case for Parks

Parks are one of the few things all Americans agree on—across party lines, people support protecting and investing in parks. Parks help boost economic vitality, bridge social divides and build community trust. They provide physical and mental health benefits and make our environments more resilient. Use TPL data and information from these [background and talking points](#) to help you make the case to protect and preserve parks and public lands.

You can also use and personalize this [social media copy](#) to share your commitment and encourage your community to celebrate the day with a walk to a park!

Commit or Re-Commit to the 10-Minute Walk Vision

Your city has signed on to the 10-Minute Walk commitment, but National Walk to a Park Day provides an opportunity to re-commit to parks and share your announcement with constituents.

You can recommit [here](#)! Make sure to share your commitment on social using:

- [Facebook](#): @TheTrustforPublicLand
- [Twitter](#): @tpl_org
- [Instagram](#): @trustforpublicland
- [LinkedIn](#): @the-trust-for-public-land
- **Campaign Hashtag**: #WalkToAParkDay